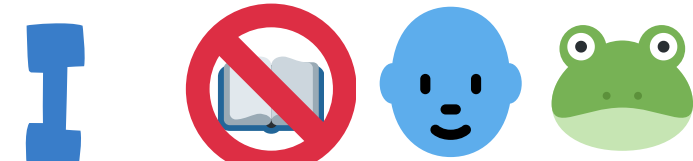
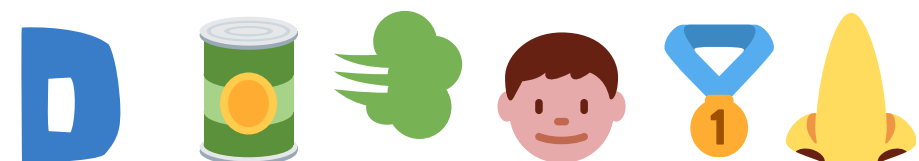
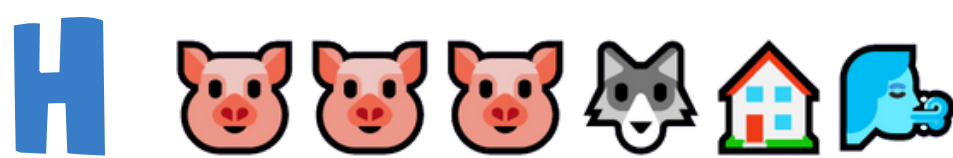


GUESS THE BOOK?



WOULD YOU RATHER?

1. Choose your answer.
2. Check the number.
3. Do the exercise for 15 seconds.
4. Need more challenge? Make it 30 seconds.

GET ACTIVE

- Eat green eggs and ham (3)
OR an earwax flavoured jellybean (4)?
- Be as small as Thumbelina (10)
OR as tall as the BFG (8)?
- Live with Pig the Pug (1)
OR the Cat in the Hat (5)?
- Be friends with George and Harold (2)
OR Hermione (6)?
- Visit Wonderland (7)
OR Narnia (9)?



1 Running On The Spot



2 Sit Ups



3 Stretch Your Arms



4 Stretch Your Legs



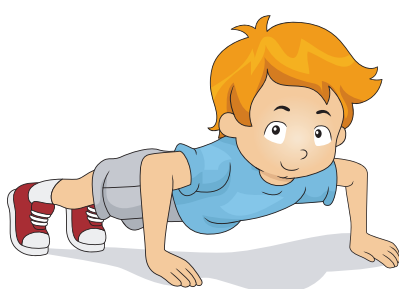
5 Skip On The Spot



6 Jumping Jacks



7 Touch The Floor



8 Push Ups



9 Balance on One Foot



10 Squats